

TAFT AS WRESTLER IS A GOOD ONE

YOU'VE GOT TO GO SOME TO GET HIM ON HIS BACK.

By His Strenuous Athletic Work He Is Reducing Weight and in Fine Condition.

TAFT IS ALSO A BOXING STAR

Beverly, Mass., Aug. 17.—The secret of how to keep a president in good physical condition has been revealed at last by the hitherto unapproachable doctor who has charge of the patient.

For months this doctor has been sought by diligent newspaper persons throughout the land, and he always has eluded them. Strange reports have appeared concerning him all of them untrue, he says, for never has he spoken on the subject. Today, however, Dr. Charles Barker for that is his name, consented to talk.

"I'm not a massage artist, as most of the reports have claimed, any more than I am a manicurist," said Dr. Barker. "I am a physical culture specialist and dietician, with degrees from the University of Chicago and other colleges. Contrary to the general opinion, I do not massage President Taft, except to keep the abdomen from wrinkling under the loss of flesh.

"He always had been a heavy man

and he continually had put on weight until three years ago. When I first met him he weighed close to 350 pounds, although he is sensitive about having this known.

"I took him in hand, and together we went to work with might and main, until his weight was reduced almost eighty pounds—to about 270. When I left Washington I left careful instructions for him to follow in regard to exercise and diet. I may say that I am practically responsible for the president's devotion to golf. He had played the game once or twice before I took him in hand, but never to any extent. I urged him to play regularly, and he has done so.

"But about the 1st of June of this year he was obliged to send for me again. A large room in the garage of the president's cottage has been fitted up as a gymnasium. Every morning before breakfast the automobile takes me to the Evans cottage, where the president is waiting in the gymnasium. Then, for one hour, the two of us go through a regular system of exercise.

"The first part of the hour is devoted to exercises, which are scientifically planned to strengthen all the muscles of the body and develop circulation. These are followed up by more strenuous exercises, such as wrestling, boxing, throwing the medicine ball, and things of a similar nature.

"The president is strong, let me tell you, and any one who gets him on his back in a wrestling bout has got to go some. It's the same in our sparring matches. We pound each other on the lungs for the most part and don't try for other parts of the body. There are no light taps, though, and I make every effort to get a good punch over on the president whenever I can; and when we get through there is never any doubt in my mind that he has been pounding me.

"He has developed so rapidly and to such a pronounced extent that even now it is safe to say that there are few men anywhere who are in better physical condition."

HOTEL ARRIVALS

PALMER HOUSE—F. M. Rogers, Louisville; R. L. Carter, St. Louis; J. M. Dobbins, Louisville; George Pettit, Princeton; Smoot Morris, Fulton; C. A. West, Fulton; A. L. Choate, Paris, Tenn.; J. H. Shuford, Knoxville.

BEVEDERE—J. A. Anderson, St. Louis; O. J. Jennings, Murray; N. Fritzler, St. Louis; A. C. Lancaster, Murray; W. B. Blakemore, Martin; C. E. Clark, Evansville; C. H. Buschey, Evansville; George A. Hester, Bayou, Ky.

NEW RICHMOND—G. N. Croason, Benton; Frank Bell, Columbus; W. Shaw, Hot Springs; A. L. Bridges, Metropolis; P. Pinkerton, Maryland; W. G. Dyens, Benton; J. H. Nelson, Marion, Ill.; W. Maxwell, Newburn, Tenn.

ST. NICHOLAS—Beyer R. Wakel, Paris, Tenn.; J. H. Eaves, Farmington; R. H. Pritchard, Farmington; Morton S. Beams, Circle; J. I. Heseck, Rockport; R. W. Vaughn, Benton; J. A. Casper, Grand Rivers; R. H. Rafter, Louisville; Tom Annwood, Louisville; Bert Parry, Dukedom.

DUKE OF ABRUZZI

Now Reported Alligned to Russian Princess of the Royal House.

Rome, Aug. 17.—The Duke of Abruzzi never will marry Miss Katherine Elkins if court reports are to be believed. Plans are under way, under personal supervision of King Victor Emmanuel, for the marriage of the Duke to a Princess of the royal house of Russia. It developed today that the match not only has the sanction of King Victor, but that he virtually promoted it. The details will be arranged when the King and the Czar meet on the latter's coming visit.

A court attaché today gave out the information that the Duke of the Abruzzi had been recalled from India, that he may help welcome the Czar of Russia. He is now on his way to Bombay to sail for Italy.

The family of the Duke is said to be very much pleased at the proposed matrimonial alliance. The Czar also is said to look with high favor on the match as a means of strengthening Italy's friendship with Russia.

Katherine Elkins is in Hesse with her mother.

WEATHER BUREAU BUSY ARRANGING ITS ALIBI.

Washington, Aug. 17.—Answering recent magazine strictures on its abilities as prognosticator, the Weather Bureau has gathered together in this bulletin, opinions expressed in hundreds of newspapers throughout the country and in letters from representatives of various commercial, agricultural and maritime interests, all tending to uphold the work of the bureau. Of more than 500 newspaper criticisms received by the bureau, all but three were favorable.

BRITISH CAPITOL AT WASHINGTON

ENGLAND IS ENDANGERED BY GERMANY, DECLARES S. S. MCCLURE.

Editor Says Lord Roseberry Admitted Seat of Empire Would Have to Be Transferred.

1776 PARTING DISASTROUS.

Chautauqua, N. Y., Aug. 17.—The British empire in momentary danger of destruction at the hands of Germany and ready for the asking to accept the dominance of the United States and see the empire's real seat of authority transferred to Washington is, according to Col. S. S. McClure, editor of McClure's Magazine, the situation which is now confronting the country's statesmen.

Col. McClure called the parting from England in 1776 a disastrous mistake, and read a statement from Lord Roseberry, in which that statesman predicts that if England and America had not separated at the time of the revolution the seat of government of the British empire would have already been transferred from the British Isles to what is now the United States, and those islands would have simply been the sacred historic shrine of the great world empire of the English-speaking people.

"Think what this would have meant," said McClure. "An empire of 500,000,000 people covering an area of 20,000,000 square miles, governed with the righteousness, intelligence and its citizens enjoying equal rights and dominated by the United States. What a disaster it was that we lost England in 1776. When a business man makes a mistake," he continued, "he does what ever he can to remedy it and to eliminate its effects.

"Mistake Was Made. "We made a mistake in parting from England at the time of the revolution, and we should as nearly as possible return to conditions that would have existed if we had not made it.

"The United States should secure the dominancy of the British empire, and this in the present condition of that realm can be had merely for the asking. The present situation of England and Germany is that of two farmers living side by side, one of whom is a first-rate prize fighter, has trained his people to be prize fighters, and says to his neighbor, who has been peacefully engaged in cultivating his estate, 'I want some of your property, and I'm going to have it.' The possible destruction of the British empire which this means is the most terrible problem before us today."

Mr. McClure declared that the large cities of the country are ruled by criminals, semi-criminals, saloon-keepers and gamblers, and called this the second great problem of the day for the United States.

He said that in Chicago a hundred million dollars a year is spent for alcohol and forty millions for prostitution, and that in New York the dealers in prostitutes have more influence in saying who is to be the next mayor than any other group. He held the immigration laws responsible for this declaring that it had never been proven that America could assimilate all the nationalities that are let into this country.

"A man who had a stock farm with fine blooded cattle would be called a fool," he said, "if he tore down all his fences and let in all the common cattle of the fields. Yet that is what we do. The destruction of the breed can be accomplished in two ways, either by killing off the best, or by filling in a lower order.

"I don't know that any distinct races have ever been amalgamated. We have ten millions of negroes in our country, who have never been amalgamated. In spite of our great civil war, the negro question is still almost as far from solution as it ever was.

"Australia is the only country that has had this problem in modern times, and it has shut its gates against immigrants. We have never given any real attention to this problem, and it is one of the most serious before us."

Some Warm Out West.

Kansas City, Aug. 17.—The last twenty-four hours was the hottest experienced in the southwest since 1901. Enid, Okla., reported 105; Fort Smith, Ark., 102; Concordia, Kas., 102 and Lamar, Mo., 101. The heat continued today. No deaths have been reported.

In 1876 the average life of a Berliner was only 23 years. Today it is 23 years, thanks to sanitary improvements.

RIVER NEWS

River Stages.		
Pittsburgh	6.2	0.2 rise
Cincinnati	14.9	0.5 fall
Louisville	7.2	3.4 rise
Evansville	6.2	0.3 fall
Mt. Vernon	6.2	0.1 fall
Mt. Carmel	3.8	0.5 rise
Nashville	9.7	0.2 fall
Chattanooga	4.8	0.1 fall
Florence	2.8	0.2 rise
Johnsonville	4.7	0.1 fall
Cairo	16.2	0.7 fall
St. Louis	19.1	0.2 fall
Paducah	7.0	0.4 fall
Burnside—Missing.		
Carthage	1.5	0.0 fall

The stage of the river this morning at 7 o'clock was 7 feet, the lowest for the season and a fall of four tenths of a foot in the past 24 hours. Weather clear and warm with south wind.

ARRIVALS—Dick Fowler from Cairo tonight; George Cowling from Metropolis today at 9 a. m., and 3 p. m.; Ohio from Golconda this morning at 10 o'clock; Bettie Owen from Brookport and regular Illinois landings this morning and afternoon; Chattanooga from Evansville this morning with a good trip.

DEPARTURES—Dick Fowler for Cairo this morning at 8 o'clock with a good freight list and many passengers; Ohio for Golconda this afternoon at 2 o'clock; George Cowling for Metropolis today at 11 a. m. and 4:30 p. m.; Bettie Owen for Brookport and regular Illinois landings this morning and afternoon. Chattanooga for Evansville this afternoon with a good trip.

The Joe Fowler will be the Evansville packet tomorrow, arriving about 9 o'clock and departing at 11 o'clock in the morning.

The City of Sallito is due back from the Tennessee river Thursday morning on her way to St. Louis.

Capt. Dennis Smith, pilot on the Dick Fowler, has resigned and will probably be succeeded by Capt. Herbert Rush, of Brookport this week. Capt. Smith will continue with the Fowler several days longer.

The towboat Mary Anderson left at 10 o'clock this morning for the Caseyville mines with a tow of empties to bring back a tow of coal for the West Kentucky Coal company.

The harbor boat Harth, of the West Kentucky Coal company had her repairs completed at noon today and is back on duty.

The Reuben Dunbar will be back from Clarksville tomorrow morning and depart at noon for Nashville. The Clyde returned at noon today from Joppy and Metropolis and is receiving freight at the wharboast. She leaves tomorrow evening for Waterloo, Ala.

The motor boat Hoosier Boy arrived at St. Louis Saturday night from Cairo in charge of Pilot Henry Owey and departed the following day in charge of Pilot John Martineau for Peoria where she will enter the motor boat races. She is a swift craft.

Two of the biggest boats ever constructed were the sidewheel packets Great Republic and Thompson Dean. They ran in the old time days, the Republic from St. Louis to New Orleans and the Dean from Cincinnati to New Orleans. Mr. Tom Hogg, the well known teamster of Gallipolis, ran on both of these monster packets and he says the Dean was never a success, but both boats were fine as could be built and large enough to carry several thousand tons of freight.

Engineer Noah Ellis is in charge of the machinery on the big towboat J. B. Finley laid up at Cincinnati. Very few of the old time engineers are left on the river. They have better jobs on shore.

The Louisville Courier-Journal says: Pittsburgh has received word that the National Association of Masters and Pilots has authorized the sending of a delegate to the Pacific coast to look after the members in that section. The mission will include all the master pilot associations from Puget Sound to Bulkhead, Cal.

Engineer James W. S. Hanley of the light house boat Goldenrod always has his engine room in apple order and is one of the handsomest engine rooms on the river. His son, Dr. Dan Hanley, now one of Cincinnati's most prominent physicians, is also a former Marine engineer.

The Louisville and Evansville Packet company have about completed arrangements to run the steamer Robert Rhea during the low water season in connection with the Henry Harley, which they have chartered. It is only a matter of time when the Teit City and Tarascon will be forced to lay up on account of low water.

The government dredge Kappa and other government craft are at work at Osceola above Memphis.

The Waterways Journal of St. Louis says: "On our visit on the Ohio river we came across one of the latest little packets we ever saw at



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Ogilvie's
PADUCAH, KY.

Cav-in-Rock, Ill. She is called the John L. Lowrey, and was built by her namesake, who owns her. She is 130x22x4½ feet, and will have engines 12 inches by 5 feet. Capt. Lowrey will run her between Evansville and Paducah, three trips a week. She has 28 staterooms, all named after the towns in her trade and will be very fast. She is electric lighted and has all modern conveniences. Her equipment is of the best that can be bought."

NEVER TOO OLD TO WALK.

Edward Payson Weston Will Try to "Hoof" It to Pacific Again.

New York, Aug. 17.—Edward Payson Weston, seventy years old, who recently walked from New York to San Francisco, a distance of 3,895 miles, in 105 days, has just returned to New York and announces that next spring, when he will be seventy-one years old, he will start again to walk to the Pacific coast. Then, he says he will have no difficulty in making the long walk in 100 days, proving by his experiences of this year.

In spite of the hardships which he suffered Weston is in perfect health and says that he will continue walking, but for shorter distances, until he starts on the long walk for San Francisco. From the time Weston left New York until he reached Oakland, Cal., he was unfortunate in meeting the most disagreeable kinds of weather. From here to Chicago he had snow, ice, rain and wind-storms with which to contend. Farther west the heat tormented him and bad roads impeded his progress. His best day's performance was the 78 miles between Topeka and Junction City, Kan.

Benevolent Old Gent—Don't you know, my boy, that you, an American lad, have a chance to be president when you grow up?

Willie (gloomily)—Naw, I ain't got no chance. I sold my chance to Johnny Billings for a box of marbles.—Harper's Bazar.

Wallace Park TO-NIGHT

MOVING PICTURES
FREE

"The Electric Love Belt."

(Comic.)

"The Maniac Juggler."

(Comic.)

And Pathe's Greatest Triumph in Trick Film Making:

"The Enchanted Glasses."

BAND CONCERT

600 PEOPLE

LEAVE FOR CHICAGO ON THE I. C. EXCURSION TODAY.

Fourteen Coaches Loaded to the Steps Carry Paducah People to Windy City.

Fourteen coaches crowded to the steps left here this morning at 9:30 over the Illinois Central for Chicago. A few of those who will make the trip are: Mr. and Mrs. Jesse Gilbert, Mr. and Mrs. H. W. Rankin, Mr. and Mrs. George Shelton, Mr. and Mrs. Everett Thompson, Mr. and Mrs. J. L. Wolf, Mr. and Mrs. Lawrence Dillam, Mr. and Mrs. D. C. Wilcox, Mr. and Mrs. R. G. Terrell, Messdames J. A. Rudy, J. M. Worter, Chas. James, Lella Wade Lewis, W. A. Berry, Georgia Beyer, Misses India Lang, Emma Acker, Annabell Acker, Courtie Puryear Mary Davis, Letha Puryear, Zula Cobb, Carrie Beyer, Mamie O'Brien, Messrs. Bob Fitzpatrick, John Miller, Dr. S. B. Pulliam, Dr. I. B. Howell, Sidney Lemon, E. C. Wolfe, H. G. Harmeling, Henry Singery, Herbert Wallerstein, O. P. Leigh, Rankin Kirkland, Tom Stahl, J. H. Hugg.

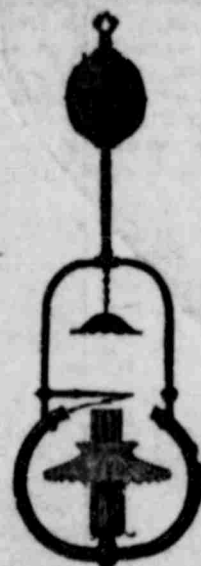
There were at least 600 people in the party.

ADOPTS JEFFRIES METHODS.

Ketchel, in Training for Langford, Swings Ax and Gallops in Mountains.

San Francisco, Aug. 17.—Stanley Ketchel will start East today on a hurried trip to prepare for his bout with Sam Langford, but messages received here by friends say that he will spring a big surprise in the boxing line on the Easterners. Instead of taking a vacation in the wilds, Ketchel writes that he has put himself in first-class shape, and that if Langford thinks he is going to find an easy mark, he is badly mistaken. Ketchel has followed some of the training methods pursued by Jeffries when the latter used to train in the mountains. He has been hunting and fishing and, in addition, has followed his old calling of wood cutting. He was originally a lumberman, and it is to his constant use of the ax that he attributes the powerful muscles of his arms.

He writes that he has found that he can swing the ax as strongly as ever before, but admits that he is getting heavier. He says this does not indicate any lack of training, however, but that he has naturally a tendency to work up to 175 pounds or thereabouts. He says he will make the middleweight limit in the match with Langford, but that he does not intend to reduce so much hereafter.



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